



CALENDAR



- 2/17- No School
- 2/21 Winter Recess
- 2/26 100th Day of School
Board of Education Meeting
@HHHS @7:30PM
- 2/27 Read Across FWS /Pajama Day
- 2/29 Live on the Hudson-
Factoria at Charles Point
@ 7:00PM
- 3/2- 5th Grade to Ashokan departs
9:15AM
- 3/4 5th Grade returns from Ashokan
1:30PM
- 3/4 Board of Education Meeting
Executive Session (ONLY)
- 3/8 Buchanan St. Patrick's Day Parade
- 3/11 Board of Education
Meeting @ DO 7:30PM
- 3/16-3/20 Spirit Week
- 3/18 Science Expo 7:00PM
- 3/23 Early Release Day
- 3/25-3/26 NYS ELA Assessment Gr. 3-5
- 3/25 Board of Education
Meeting @ DO
- 3/26 PTA Mtg @6:45PM
- 3/27 Someone Special Dance
@7:00PM



FURNACE WOODS WEB SITE
www.henhudschools.org

American Heart Association

Did you know that February is Healthy Heart Month? Each year we celebrate around Furnace Woods by engaging in a lot of activities in our classrooms and PE! During this month, we also help many people with sick hearts by raising money for the American Heart Association. If you're interested in donating to this great cause, please follow the directions on the sheet attached. We hope to reach our school goal of \$2,500 by February 24th when our fundraising will end. If you have any other questions, please email Mr. Bruno joseph.bruno@henhudschools.org.

NOTES FROM THE NURSE

Please call the school nurse @257-5690 to report your child's absence. Please see attached information about the flu.

Kindergarten Registration

Registration for kindergarten (September 2020) was last week. Children who will be 5 on or before December 1st, 2015 are eligible. If you know of any children who are eligible, please call Mrs. Hamilton @ 914-257-5612..

Dismissal Safety

Just a reminder that no cars are permitted in the front circle during dismissal. The buses are now double parking around the circle and passing a bus when it is loading or unloading is unsafe and illegal. If you need to pick up your child after school, please utilize the parking lot on the right as you approach the circle. You should then proceed to the path that runs along the right side of the building to the first door. Your child will be dismissed to you from that location after your ID has been verified. If you arrive after 2:35, you can pick up your child in the main office.

Morning Drop Off Safety

Please be mindful of the buses when you are dropping off children in the morning. No cars should be pulling up to the curb in front of the building from 8:00AM-8:20AM. Having cars at the curb prevents buses from unloading in a timely manner which makes them late for the next run and poses a safety issue for your children as they get out of the car.

Please remember that if a bus is stopped to load/unload students you must **not** pass the bus. If the stop sign on the driver's side of the bus is out, no vehicles are allowed to pass. This is true on the streets as well as in the FW driveway and parking lot. Please **do not** drive past a bus when the stop sign is out. Thank you for helping to ensure the safety of our students. You can pull into the small parking lot on the right side of the driveway and drop students off at the end of the sidewalk. If you need to walk your child into the building, please find a parking spot.

Arrival Time

Please note that the school day begins at 8:20. If children are not in the building at 8:20, they will be marked late. The beginning of the day is an important time as teachers get the kids settled, collect important notes, take lunch count, and set the tone for the day. When students arrive late, it disrupts this process and puts the late arrival at a disadvantage as they may have missed important information. Please make every effort to ensure your child arrives to school on time. Your cooperation is greatly appreciated!

Building Safety

Please remember to sign-in when you visit FWS for any reason. You must also wear a visitor sticker so that staff will know you have signed-in. Thank you again for helping to ensure the safety of everyone at FWS.

**The Furnace Woods PTA Invites You to
Our First Annual**

**Someone
Special
♥ Dance**

All Furnace Woods students are invited to bring one adult "someone special" to this memorable night of music, dancing and fun! Adult guest can be a parent, grandparent, aunt/uncle or family friend.

**FRIDAY, MARCH 27TH
7:00-9:00 PM
FWS GYMNASIUM**

\$10 per Student (Adult Guest is Free)

Refreshments included with fee.

Attire: Dress to Impress!

Please note: This is not a drop off event.

**Tickets must be purchased in advance
by March 18th at:
fwssomeonespecial.eventbrite.com**

Volunteers needed! If interested, please email:
dwanderlingh@optonline.net




Furnace Woods School PTA After School Enrichment Program

Attention FWS Parents!

Do you want your child to be Inspired,
Engaged, learn New Skills, make Friends while having lots of Fun?

Spring Semester 2020 is ready!

Important info:

- ◆ **Scholarships** are available for children qualifying for the free/reduced lunch state program and for families with financial difficulties. Please see Scholarship application for details at <https://ny01813707.schoolwires.net/Page/10815>. (FWS PTA website).
- ◆ Registration for Scholarship Applications for Spring 2020 Semester begins on **March 1st - March 6th 2020**.
- ◆ Online Registration will open on **March 8th at 9am- March 14th 2020**. See the Spring Semester Brochure for details and club's descriptions here:
<https://ny01813707.schoolwires.net/Page/10815>.
- ◆ **IMPORTANT:** Due to increased numbers of late enrollments, which affect cancelations of clubs, add extra work and result in numerous reprints of rosters, we are going to implement **late enrollment fee of \$25 for every registration after the set deadline**.
- ◆ **Online registration:**  popsicle.
 - **To register and login go to:** <https://popsicle.app/parents/FWSPTA/login>
(note; you won't be able to see the clubs, until registration opens on 03/08/20)
 - **New users:** please create a new account and add your children's info.
- ◆ **All clubs** will begin the week of **March 30th. clubs run from 2:35-3:35 pm and some from 3:35-4:45pm**. Makeup classes, if required, will be added at the end of each session whenever possible.
- ◆ Clubs that do NOT meet minimum enrollment will be cancelled. A refund will be issued or your child may transfer to a different available club.
- ◆ For any questions regarding the FWS PTA After School Enrichment program including help with the program Scholarships please contact Renata Smith at: renata@fwspta.org, 914-433-1455.

FWS PTA After School Enrichment Program Spring 2020 Semester Schedule:

<p><u>MONDAY CLUBS- 2:35-3:35 pm</u> K-2 Outragehiss...Pets 3-5 Creative Cooking 3-5 Nature Connection and Animal Encounters</p> <p><u>MONDAY CLUBS- 3:35-4:45 pm</u> 2-5 Basketball K-5 Popup adventure with My Big & Little Friends</p>	<p><u>TUESDAY CLUBS- 2:35-3:35 pm</u> K-2 Creative Cooking K-5 Let's Knit! 3-5 Gymnastics 3-5 Beading with Mrs. Bucci</p> <p><u>TUESDAY CLUBS- 3:35-4:45 pm</u> K-2 Beading with Mrs. Bucci</p>
<p><u>WEDNESDAY CLUBS- 2:35-3:35 pm</u> K-2 Sensory slime play K-3 Soothing Starlight Energy 2-5 The Power of Flowers 3-5 Self-Defense MMA</p> <p><u>WEDNESDAY CLUBS 3:35-4:45 pm</u> K-2 Curiologists: Actions and Reactions</p>	<p><u>THURSDAY CLUBS- 2:35-3:35 pm</u> K-2 A Maze in Pottery K-2 Super Soccer Stars 2-5 Young Rembrandts 3-5 Hands on Banking</p> <p><u>THURSDAY CLUBS 3:35-4:45 pm</u> 2-5 A Maze in Pottery</p>
<p><u>FRIDAY CLUBS- 2:35-3:35 pm</u> K-2 Amazing Athletes 1-3 Coding with Scratch 3-5 Airplane Flyers 3-5 Kidz Digital Artz</p>	

WEEK #	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
1	03/30/20	03/31/20	04/01/20	04/02/20	04/03/20
2	04/06/20 No school	04/07/20 No school	04/08/20 No school	04/09/20 No school	04/10/20 No school
3	04/13/20 No school	04/14/20	04/15/20	04/16/20	04/17/20
4	04/20/20	04/21/20	04/22/20	04/23/20	04/24/20
5	04/27/20	04/28/20	04/29/20	04/30/20	05/01/20
6	05/04/20	05/05/20	05/06/20	05/07/20	05/08/20
7	05/11/20	05/12/20	05/13/20	05/14/20	05/15/20
8	05/18/20 No school	05/19/20	05/20/20	05/21/20	05/22/20
9	05/25/20 No school	05/26/20	05/27/20	05/28/20	05/29/20
10	06/01/20	06/02/20	06/03/20	06/04/20	06/05/20
11	06/08/20	06/09/20	06/10/20	06/11/20	06/12/20
12	06/15/20	06/16/20	06/17/20	06/18/20	06/19/20



LIVE

ON THE HUDSON
ONE DISTRICT | ONE CAUSE

Please join us for an evening of charity & celebration to support all Hendrick Hudson schools!

Saturday, February 29th
7pm-11pm

The Factoria at Charles Point

\$100 per person

For tickets and event details go to:
HenHudLive.com

**Food, Drinks, DJ & Dancing,
Entertainment, Silent Auction & More!**

FREE Childcare for the first 50 kids
at Go No Sen Karate!

Presented by the LIVE Committee in partnership with the Hendrick Hudson Community Educational Foundation



Dear Parents/Guardians:

We are proud to announce that our school will be participating in Kids Heart Challenge this year. The Kids Heart Challenge prepares students for success by supporting their physical and emotional well-being. The money we raise will help the American Heart Association fund life saving research which will improve our community's health. Plus, students will learn how to prevent heart disease and stroke, and our school will qualify for gift certificates for P.E. equipment based on the amount we raise.

This year, we are **ONLY ACCEPTING ONLINE DONATIONS**. Online fundraising is a safe, easy way to reach out to family and friends to share what our school is doing! Your student can collect donations online following the steps below.

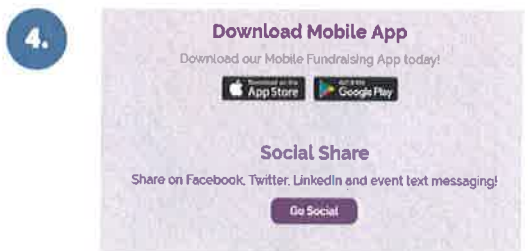
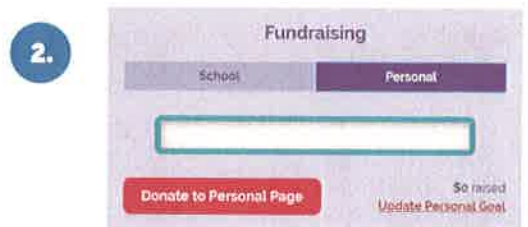
- Visit heart.org/kidsheartchallenge, search for our school and sign up! (image 1)
- Track your progress and kick things off with your own personal donation. (image 2)
- Send emails and ecards asking for donations. (image 3)
- Download the free mobile app; search **"Kids Heart Challenge"** in your phone's app store. Use the check deposit feature on the mobile app to enter any check donations at home. (image 4)

With a \$10 online donation, students will receive "Perrie" and "Knox", two of the Heart Hero characters, plus, a free wristband just for signing up online! Students who reach \$40 in online donations will also receive "Sofie" in addition to the other characters. These Heart Hero characters are INSTANT gifts and will be passed out during P.E. classes right away. The rest of the thank you gifts will be distributed after our event concludes.

Let's help our children be Heart Heroes!

Event Date: February 14th
Donations Due: February 24th

Sincerely,
Your Physical Education Team





**CORTLANDT NATIONAL
LITTLE LEAGUE**



SPRING BASEBALL 2020

Ages 4-16

Boys and Girls

REGISTER NOW !

DEADLINE IS FEBRUARY 15TH

WWW.CNLLBASEBALL.ORG

AVAILABLE DIVISIONS:

<u>FUTURE STARS</u> AGES 4-6	<u>ROOKIES</u> AGES 5-7	<u>MINORS</u> AGES 7-9
<u>AAA</u> AGES 9-11	<u>MAJORS</u> AGES 11-12	<u>JUNIORS/SENIORS</u> AGES 13-16

PLEASE FORWARD ANY QUESTIONS TO REGISTER@CNLLBASEBALL.ORG

Winter Baseball Clinics

at the Hen Hud Highschool

Dates to accommodate all children ages 5-12

\$15 per player/session – no advance registration required

3 sessions for ages 5-8

February 22, March 7 & 21 (3-5pm)

3 sessions for ages 9-12

February 29, March 14 & 28 (3-5pm)



The Flu:

A Guide for Parents



Influenza (also known as flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat and lungs. Flu is different from a cold, and usually comes on suddenly. Each year flu viruses cause millions of illnesses, hundreds of thousands of hospital stays and thousands or tens of thousands of deaths in the United States.

Flu can be very dangerous for children. CDC estimates that between 6,000 and 26,000 children younger than 5 years have been hospitalized each year in the United States because of influenza. The flu vaccine is safe and helps protect children from flu.

What parents should know

How serious is flu?

While flu illness can vary from mild to severe, children often need medical care because of flu. Children younger than 5 years and children of any age with certain long-term health problems are at high risk of flu complications like pneumonia, bronchitis, sinus and ear infections. Some health problems that are known to make children more vulnerable to flu include asthma, diabetes and disorders of the brain or nervous system.

How does flu spread?

Flu viruses are thought to spread mainly by droplets made when someone with flu coughs, sneezes or talks. These droplets can land in the mouths or noses of people nearby. A person also can get flu by touching something that has flu virus on it and then touching their mouth, eyes, or nose.

What are flu symptoms?

Flu symptoms can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, feeling tired and sometimes vomiting and diarrhea (more common in children than adults). Some people with the flu will not have a fever.



Protect your child

How can I protect my child from flu?

The first and best way to protect against flu is to get a yearly flu vaccine for yourself and your child.

- Flu vaccination is recommended for everyone 6 months and older every year. Flu shots and nasal spray flu vaccines are both options for vaccination.
- It's especially important that young children and children with certain long-term health problems get vaccinated.
- Caregivers of children at high risk of flu complications should get a flu vaccine. (Babies younger than 6 months are at high risk for serious flu complications, but too young to get a flu vaccine.)
- Pregnant women should get a flu vaccine to protect themselves and their baby from flu. Research shows that flu vaccination protects the baby from flu for several months after birth.
- Flu viruses are constantly changing and so flu vaccines are updated often to protect against the flu viruses that research indicates are most likely to cause illness during the upcoming flu season.

Is flu vaccine safe?

Flu vaccines are made using strict safety and production measures. Millions of people have safely received flu vaccines for decades. Flu shots and nasal spray flu vaccines are both options for vaccination. Different types of flu vaccines are licensed for different ages. Each person should get one that is appropriate for their age. CDC and the American Academy of Pediatrics recommend an annual flu vaccine for all children 6 months and older.

What are the benefits of getting a flu vaccine?

- **A flu vaccine can keep you and your child from getting sick.** When vaccine viruses and circulating viruses are matched, flu vaccination has been shown to reduce the risk of getting sick with flu by about half.
- **Flu vaccines can keep your child from being hospitalized from flu.** One recent study showed that flu vaccine reduced children's risk of flu-related pediatric intensive care unit admission by 74%.

The Flu: A Guide for Parents

- [The Flu: A Guide for Parents](#) is also available in Portable Document Format (PDF)

Keep your kids safe. Get their flu vaccine every year.

Is the flu more serious for kids??

Infants and young children are at greater risk for getting seriously ill from the flu. That's why the New York State Department of Health recommends that all children 6 months and older get the flu vaccine.

Flu vaccine may save your child's life.

Most people with the flu are sick for about a week, and then they feel better. But, some people, especially young children, pregnant women, older people, and people with chronic health problems can get very sick. Some can even die. An annual vaccine is the best way to protect your child from the flu. The vaccine is recommended for everyone 6 months and older every year.

What is the flu?

The flu, or influenza, is an infection of the nose, throat, and lungs. The flu can spread from person to person.

Who needs the flu vaccine?

- Flu vaccine can be given to children 6 months and older.
- Children younger than 9 years old who get a vaccine for the first time need two doses.

How else can I protect my child?

- Get the flu vaccine for yourself.
- Encourage your child's close contacts to get the flu vaccine, too. This is very important if your child is younger than 5, or if he or she has a chronic health problem such as asthma (breathing disease) or diabetes (high blood sugar levels). Because children under 6 months can't be vaccinated, they rely on those around them to get an annual flu vaccine.
- Wash your hands often and cover your coughs and sneezes. It's best to use a tissue and quickly throw it away. If you don't have a tissue, cough or sneeze into your upper sleeve, not your hands. This will prevent the spread of germs.
- Tell your children to:
 - Stay away from people who are sick;
 - Clean their hands often;
 - Keep their hands away from their face; and
 - Cover coughs and sneezes to protect others.

What are signs of the flu?

The flu comes on suddenly. Most people with the flu feel very tired and have a high fever, headache, dry cough, sore throat, runny or stuffy nose, and sore muscles. Some people, especially children, may also have stomach problems and diarrhea. The cough can last two or more weeks.

How does the flu spread?

People who have the flu usually cough, sneeze, and have a runny nose. The droplets in a cough, sneeze or runny nose contain the flu virus. Other people can get the flu by breathing in these droplets or by getting them in their nose or mouth.

How long can a sick person spread the flu to others?

Most healthy adults may be able to spread the flu from one day before getting sick to up to 5 days after getting sick. This can be longer in children and in people who don't fight disease as well (people with weaker immune systems).

What should I use to clean hands?

Wash your children's hands with soap and water. Wash them for as long as it takes to sing the "Happy Birthday" song twice. If soap and water are not handy, use a hand sanitizer. It should be rubbed into hands until the hands are dry.

What can I do if my child gets sick?

- Make sure your child gets plenty of rest and drinks lots of fluids.
- Talk with your child's health care provider before giving your child over-the-counter medicine.
- Never give your child or teen aspirin, or medicine that has aspirin in it. It can cause serious problems.
- Call your child's health care provider if your child develops flu symptoms and is younger than 5 or has a chronic medical condition like asthma, diabetes, or heart or lung disease.
- If you are worried about your child's illness, call your health care provider.

Can my child go to school or day care with the flu?

No. If your child has the flu, he or she should stay home to rest. This helps avoid giving the flu to other children.

When can my child go back to school or day care after having the flu?

Children with the flu should be isolated in the home, away from other people. They should also stay home until they have no fever without the use of fever-control medicines and they feel well for 24 hours. Remind your child to protect others by covering his or her mouth when coughing or sneezing. You may want to send your child to school with some tissues, and a hand sanitizer, if allowed by the school.

For more information about the flu, visit health.ny.gov/flu Or, [Centers for Disease Control and Prevention](http://www.cdc.gov)

SAVE THE DATE!

The Furnace Woods PTA Invites You to
Our First Annual

Someone
Special
Dance

All Furnace Woods students are invited to bring one adult "someone special" to this memorable night of music, dancing and fun! Adult guest can be a parent, grandparent, aunt/uncle or family friend.

FRIDAY, MARCH 27TH

7:00-9:00 PM

FWS GYMNASIUM

\$10 per Student (Adult Guest is Free)

Refreshments included with fee.

Attire: Dress to Impress!

Please note: This is not a drop off event.

Look for details on how to buy tickets in next week's blue sheet!